



TERME  
SVETI MARTIN

# Wellness

Pricelist



## World of Saunas

<b>Sauna Monday</b> Special World of Saunas offer valid only on Mondays.	180 min	<b>13,00 €</b>
<b>Ticket for external guests: Tuesday- Thursday</b> Entrance to the World of Saunas for external visitors (use of World of Saunas during regular time and Family Wellness time - Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min	<b>21,00 €</b>
<b>Ticket for external guests: Friday, Saturday, Sunday, holidays</b> Entrance to the World of Saunas for external visitors (use of World of Saunas during regular time and Family Wellness time - Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min	<b>24,00 €</b>
<b>Ticket for apartment guests</b> Entrance to the World of Saunas for guests staying at Terme Sveti Martin Apartments (use of World of Saunas during regular time and Family Wellness time - Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min	<b>17,50 €</b>
<b>Ticket for hotel guests</b> Entrance to the World of Saunas for guests staying at Hotel Terme Sveti Martin (use of World of Saunas during regular time and Family Wellness time - Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min	<b>13,50 €</b>
<b>Ticket for children – up to 4,99 years of age</b> Entrance to the World of Saunas for children up to 4,99 years of age during Family Wellness time (Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min	<b>FREE OF CHARGE</b>
<b>Ticket for children – up to 14,99 years of age</b> Entrance to the World of Saunas for children up to 14,99 years of age during Family Wellness time (Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min	<b>7,00 €</b>
<b>One additional hour / Multisport one additional hour</b> Surcharge for one additional hour in the World of Saunas.	60 min	<b>7,00 €</b>
<b>Two additional hours</b> Surcharge for two additional hours in the World of Saunas.	120 min	<b>9,00 €</b>
<b>Sauna World card L</b> 10 entries of 180 min (use of World of Saunas during regular time and Family Wellness time - Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min x 10	<b>130,00 €</b>
<b>Sauna World card M</b> 4 entries of 180 min (use of World of Saunas during regular time and Family Wellness time - Mon, Wed, Fri, Sun from 9 am until 12 pm).	180 min x 4	<b>55,00 €</b>

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## Programs during sauna use

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<b>Sveti Martin scrub</b>	5,00 €
<b>Pannonian sea scrub</b>	5,00 €
<b>Sweet pumpkin bar</b>	5,00 €
<b>Grape bar</b>	5,00 €

*Handmade products, crafted in TSM for an elevated sauna experience.*

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## Towel and robe rental

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<b>Towel rental</b> Price for towel rental.	10,00 €
<b>Robe rental</b> Price for robe rental.	20,00 €

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## Bracelet

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<b>Lost bracelet</b> Cost of a lost entrance bracelet.	15,00 €
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## Marti & Martina's Wellness haven for children

<b>Marti loves wellness</b> Tailored Sveti Martin massage designed for children.	30 min	<b>41,00 €</b>
<b>Marti &amp; Martina's chocolate delight</b> Choco Loco massage with a bar of cocoa butter.	30 min	<b>50,00 €</b>
<b>Marti &amp; Martina's vitamin C boost</b> Massage with an edible chocolate orange bar.	30 min	<b>53,00 €</b>
<b>Martina's natural beauty passion</b> Martina's beauty treatment for girls.	30 min	<b>50,00 €</b>
<b>Martina's lovely hands and nails</b> Relaxing beauty treatment for girls (manicure, nail polish, hand massage).	30 min	<b>33,00 €</b>
<b>Martina's "mommy &amp; me" wellness experience</b> Tailored wellness package designed for a special mother and child bonding (children's Sveti Martin massage 30 min, relax massage for the mother 30 min, 2x smoothie of Martina's choice, Family Wellness time 180 min).	240 min	<b>94,00 €</b>
<b>Marti's "daddy &amp; me" wellness experience</b> Tailored wellness package designed for a special father and child bonding (children's Sveti Martin massage 30 min, relax massage for the father 30 min, 2x smoothie of Marti's choice, Family Wellness time 180 min).	240 min	<b>94,00 €</b>
<b>Martina's "mommy &amp; me" wellness experience &amp; Marti's "daddy &amp; me" wellness experience</b> Surcharge for one adult during the use of the tailored wellness package for a parent and child.		<b>50,00 €</b>
<b>Martina's "mommy &amp; me" wellness experience &amp; Marti's "daddy &amp; me" wellness experience</b> Surcharge for one child during the use of the tailored wellness package for a parent and child.		<b>44,00 €</b>

## Programs for two

<b>Quick detox for 2</b> A special wellness detox package with handmade products, a massage, a detox smoothie and entrance to the full body repair steam sauna for two people (2x salt scrub, 1x entrance to the full body repair steam sauna per person, 2x body mask, 2x 40 min massage, 2x detoxifying smoothie).	120 min	<b>193,00 €</b>
<b>Enjoy the time together</b> Wellness package with an authentic Sveti Martin massage for two, use of a private steam and Finnish sauna in the VIP Spa suite, a welcome drink and a handmade bath of the guest's choice for two people (2x Sveti Martin massage 80 min, private steam and Finnish sauna in the VIP Spa suite, 2x welcome drink, bath of the guest's choice for two people).	180 min	<b>295,00 €</b>
<b>Spa Martin day for 2</b> Relaxing wellness package with a domestic Sveti Martin massage, entrance to the World of Saunas and a healthy smoothie for two people (2x Sveti Martin massage 60 min, entrance to the World of Saunas 180 min, 2x healthy smoothie).	240 min	<b>149,00 €</b>
<b>VIP spa Suite rental</b> A perfect short break in the VIP Spa suite with the use of a private steam and Finnish sauna (private steam and Finnish sauna in the VIP Spa suite).	60 min	<b>73,00 €</b>
<b>Bath ritual for 2</b> Handmade bath with with a glass of sparkling wine for two people (a bath for two people with sparkling wine).	60 min	<b>72,00 €</b>
<b>Romantic VIP Suite surcharge</b> Surcharge for joint stay in the Romantic VIP Suite during massages, for two people (surcharge for joint stay, i.e. the possibility of couple massages in the Romantic VIP Suite).		<b>7,00 €</b>

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## Body care programs

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<b>Vital detox cleanse · program</b> Detoxifying full body treatment that includes dry brushing, a green clay mask and maderotherapy.	90 min	<b>71,50 €</b>
<b>Vital detox cleanse · mask</b> Detoxifying body mask made of healing green clay and natural essential oils.	30 min	<b>38,50 €</b>
<b>Pannonian sea serenity</b> <b>Pannonian Sea program</b> Soothing treatment for the whole body based on thermal water from the depths of the remnants of the Pannonian Sea.	50 min	<b>63,00 €</b>
<b>Međimurje vineyard bliss</b> <b>Anti-aging wine program</b> Relaxing treatment for the whole body with a gentle scrub and a mask made of purple clay and grape seed oil.	50 min	<b>64,00 €</b>
<b>Pumpkin spice and everything nice</b> <b>Pumpkin program</b> A unique treatment and scrub for the whole body with a handmade bar of natural cocoa butter, pumpkin and brown sugar.	20 min	<b>44,00 €</b>
<b>Goobye cellulite, hello smooth silhouette</b> <b>Anti-cellulite program</b> Anti-cellulite treatment for the whole body with a warming and handmade scrub, and a tailored anti-cellulite massage.	60 min	<b>65,00 €</b>
<b>Pro age program</b> Pro age body scrub.	20 min	<b>31,00 €</b>

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## Spa rituals

<b>Milk &amp; Honey</b> Sweet body treatment with an oat and honey-based scrub, honey and kaolin mask, and a relaxing massage with body milk.	90 min	<b>76,00 €</b>
<b>St. Martin's Wine</b> Body treatment consisting of a scrub, a mask and a massage with healing natural ingredients from grapes.	90 min	<b>76,00 €</b>
<b>St. Martin's Maderotherapy</b> Treatment for reducing "orange-peel skin", i.e. cellulite, shaping the body, stimulating the metabolism, reducing edema, burning fat and tightening the skin, as well as having a positive effect on the detoxification of the body.	45 min	<b>52,00 €</b>
<b>Quick detox for 1</b> Special wellness detox treatment with handmade products, massage, healthy smoothie and entrance to the full body repair steam sauna for one person (salt scrub, entrance to the full body repair steam sauna, body mask, relaxing body massage 40 min, smoothie).	120 min	<b>132,00 €</b>
<b>Spa Martin day for 1</b> Relaxing wellness package with a domestic Sveti Martin massage, entrance to the World of Saunas and a healthy smoothie for one person (1x Sveti Martin massage 60 min, entrance to the World of Saunas 180 min, 1x healthy smoothie).	240 min	<b>72,00 €</b>
<b>Sothys Hanakasumi body ritual</b> A Japanese inspired unique relaxing body treatment with the scent of cherry blossom and lotus.	90 min	<b>83,00 €</b>
<b>Sothys Indonesia body ritual</b> A combination of relaxing body massage and breathing rituals inspired by ancient Indonesian beauty rituals with the scent of sandalwood and jasmine.	60 min	<b>77,00 €</b>

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## Massages

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<b>Classic timeless tranquility</b> Classic partial therapeutic massage	20 min	<b>32,00 €</b>
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<b>Classic timeless tranquility</b> Classic therapeutic massage	40 min	<b>54,00 €</b>
	60 min	<b>65,00 €</b>

*Massage intended for relaxation and elimination of ailments that result from stress and physical tension, such as pain in the neck, shoulders or legs.*

<b>Saint Martin's embrace</b> Massage Sveti Martin	40 min	<b>54,00 €</b>
	60 min	<b>63,00 €</b>
	80 min	<b>76,00 €</b>

*Unique "house" massage Sveti Martin for a full body relaxation, energy increase and stress relief (a combination of massage techniques that contain elements of lymphatic drainage, classic and acupressure massage).*

<b>Forget about stress</b> Relaxing massage	30 min	<b>44,00 €</b>
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*Relaxing body massage aimed at relaxing the body and achieving inner harmony with natural essential oils (a combination of relaxing massage techniques and essential oils).*

<b>Forget about stress</b> Antistress head, face and neck massage	25 min	<b>35,50 €</b>
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*Relaxing massage that stimulates circulation of the face and head, relieves stress by pressing acupressure points, relieves muscle tension, helps against headaches, migraines and sinusitis (a combination of relaxing massage techniques).*

<b>Turn up the heat</b> Massage with hot volcanic stones	60 min	<b>65,00 €</b>
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*Soothing massage used to relax and relieve muscle tension and damaged soft tissues on the body, reduce stress and anxiety, and improve sleep (a massage with smooth, flat and heated stones, made of basalt (volcanic rock that retains heat), which are placed along the spine, on the stomach, chest, face, palms, legs and toes).*

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<b>Lymphatic harmony</b> Lymphatic drainage of the body according to Dr. Vodder	70 min	<b>80,00 €</b>
<b>Lymphatic harmony</b> Lymphatic drainage of the back according to Dr. Vodder	45 min	<b>54,00 €</b>
<b>Lymphatic harmony</b> Lymphatic drainage of legs according to Dr. Vodder	40 min	<b>55,00 €</b>
<b>Lymphatic harmony</b> Lymphatic drainage of arms according to Dr. Vodder	35 min	<b>50,00 €</b>
<b>Lymphatic harmony</b> Lymphatic drainage of the face according to Dr. Vodder	45 min	<b>52,00 €</b>
<i>Special massage technique used to stimulate lymph nodes circulation and to remove them, as well as to preserve good functioning of the lymphatic system (a therapeutic massage with lymphatic drainage that helps purify the whole body and removes excess fluid in the body).</i>		
<b>Sweet cocoa indulgence</b> Massage with a cocoa bar	40 min	<b>55,00 €</b>
<i>Massage with a handmade cocoa butter-based bar and natural and homegrown and homemadeseasonal ingredients, adapted to seasons (spring: cocoa and almond massage bar, summer: cocoa and coconut massage bar, autumn: cocoa and pumpkin massage bar, winter: cocoa and grape massage bar).</i>		

<b>The world at your feet</b> Foot reflexology therapy	50 min	<b>62,00 €</b>
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*Specially created reflexotherapy that removes blockages of the energy channels in the body and thus frees the path for energy through the body.*

<b>Sunshine on your head</b> Scalp massage with Vitis Oil made from cold pressed grape seeds	20 min	<b>35,50 €</b>
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*Luxurious scalp and hair treatment for a feeling of comfort, stimulation of healthy hair growth and prevention of hair loss.*

## Premium massages

<b>Rudolf Steiner's journey</b> Rhythmic massage Rudolf Steiner	60 min	<b>60,50 €</b>
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*Specially designed massage based on rhythmic movements and anthroposophical principles of Dr. Rudolf Steiner.*

<b>Discover the scent of Ayurveda</b> Vedaroma massage	70 min	<b>75,00 €</b>
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*Unique massage with relaxing movements and scented oil that restores balance to the body and mind, as well as energy balance, and comprises the philosophy of the Far East and western holistic aromatherapy.*

<b>Ayurvedic crystals</b> Crystal therapy	60 min	<b>82,50 €</b>
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*A relaxing massage that uses natural crystals to have a therapeutic effect on certain physical, mental and emotional ailments.*

<b>Traditional Chinese medicine: Ancient holistic healing - Tui-na</b> Tui-na massage	45 min 70 min	<b>67,50 €</b> <b>82,50 €</b>
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*One of the oldest forms of therapeutic massage, which is performed with fingers, pressing on the tissue and massaging the surface in circular motion. It is applied along the entire length of a certain energy meridian and connects with organs and tissues that need detoxification through nerve channels.*

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**Traditional Japanese medicine: Ancient holistic healing - Shiatsu**

50 min

**71,50 €**

**Shiatsu massage**

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*Japanese massaging technique with finger pressure on specific points, which restores the body's natural rhythm.*

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**Cascading rain serenity**

90 min

**92,50 €**

**Raindrop technique massage**

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*Massage that combines reflexology, classic massage and rich application of essential oils with anti-inflammatory, antiviral and antibacterial effects, thus triggering self-healing and detoxification processes.*

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## Thai massages

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Thai massage with warm herbs	50 min	84,00 €
	80 min	91,50 €
Thai massage with lemongrass oil	50 min	84,00 €
	80 min	91,50 €
Thai massage with natural coconut oil	50 min	84,00 €
	80 min	91,50 €
Traditional Thai massage	50 min	70,50 €
	80 min	80,50 €
Thai foot reflexology	40 min	63,00 €
Tok Sen Thai massage	40 min	55,00 €
Antistress back massage	20 min	46,50 €
Antistress facial massage	20 min	44,00 €

### *Traditional Thai medicine: Ancient holistic healing - Nuad Bo'Rarn*

*One of the oldest massage techniques in the world that uses different methods that lead to inner peace and relaxation, relief of ailments and natural flow of vital energy.*

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## Mommy's time

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Happy mommy Specially adapted massage for pregnant women.	40 min	49,00 €
Relaxed mommy Relaxing hand and foot massage for pregnant women.	30 min	44,00 €

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## Face care programs

<b>Glowing radiance</b> Natural face mask according to skin type	30 min	<b>33,00 €</b>
<b>Glowing radiance - Sothys</b> Sothys face mask according to skin type	30 min	<b>35,50 €</b>
<b>Nurturing natural beauty</b> Face, neck and neckline massage	30 min	<b>34,50 €</b>
<b>Nurturing natural beauty</b> Facial massage with oil according to skin type	20 min	<b>27,50 €</b>
<b>Cleanse to glow</b> Deep facial cleansing and care according to skin type	90 min	<b>64,00 €</b>
<b>Treat your skin right - Sothys Detox</b> Sothys Detox facial treatment	60 min	<b>66,00 €</b>
<b>Treat your skin right - Sothys Youth</b> Sothys Youth facial treatment	75 min	<b>83,00 €</b>
<b>Treat your skin right - Sothys Eyes</b> Sothys Eyes facial treatment for area around the eyes	50 min	<b>55,00 €</b>
<b>Treat your skin right - Sveti Martin</b> Facial treatment according to skin type with Sveti Martin natural cosmetics	50 min	<b>60,50 €</b>
<b>Ageless vitality - Sveti Martin</b> Anti-aging facial treatment according to skin type with Sveti Martin natural cosmetics	50 min	<b>71,50 €</b>
<b>Radiant natural essence</b> Facial treatment with rose quartz or green jade roller and Sveti Martin natural cosmetics	50 min	<b>75,00 €</b>

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## Facial care for teenagers

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<b>Natural youthful harmony</b> Gentle natural facial treatment according to skin type with Sveti Martin natural cosmetics	60 min	<b>66,00 €</b>
<b>Natural heavenly harmony</b> Angelic facial treatment	50 min	<b>64,00 €</b>
<b>Natural purifying harmony</b> Activated charcoal mask	30 min	<b>35,50 €</b>

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## Hand and feet care

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<b>Pamper your feet</b> Spa pedicure	40 min	<b>38,00 €</b>
<b>Pamper your feet</b> Medical pedicure and care nail polish	60 min	<b>44,00 €</b>
<b>Pamper your feet</b> Medical pedicure and permanent nail polish	75 min	<b>58,00 €</b>
<b>Pamper your feet</b> Medical pedicure with nail polish	60 min	<b>50,00 €</b>
<b>Pamper your feet</b> Toenail grooming	30 min	<b>31,00 €</b>
<b>Beautiful hands</b> Spa manicure	40 min	<b>29,00 €</b>
<b>Beautiful hands</b> Classic manicure and care nail polish	45 min	<b>33,00 €</b>
<b>Beautiful hands</b> Classic manicure and permanent nail polish	60 min	<b>41,00 €</b>
<b>Beautiful hands</b> Nail polish		<b>11,00 €</b>


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## Waxing, eyebrow and eyelash treatments

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Full leg waxing	60 min	30,00 €
Chest or back waxing	40 min	17,00 €
Lower or upper leg waxing	30 min	15,00 €
Hand waxing	30 min	15,00 €
Face waxing	20 min	12,00 €
Bikini area waxing	30 min	13,00 €
Armpit waxing	20 min	8,00 €
Upper lip waxing	20 min	6,00 €
Eyebrow shaping		6,00 €
Eyebrow or eyelash tinting		7,00 €
Eyebrow shaping, eyebrow and eyelash tinting		9,00 €



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## Healthness – Body Vitality Scan

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### **BIOScan (30 min)**

*BIOScan is a combination of modern IT science, biophysics, electrical engineering, high technology, and quantum medicine. This non-invasive method uses signals of electromagnetic waves generated by the human body. This scan analyses cellular communication within the human body, and changes in cellular communication which manifest as imbalance, stress, or defect (excess or deficiency).*

#### **Diagnostic:**

- whole body and organ systems analysis
- body acidity state
- bone mineralization status and osteoporosis tendency
- vitamin status
- minerals and essential amino acids status
- coenzymes and trace elements status
- heavy metal status
- fat levels (cholesterol and triglycerides)
- blood vessels elasticity state
- respiratory status (insight into lung capacity and airways resistance)
- urinary state
- uric acid level
- reproductive system status
- immune system status
- pesticides contamination insight
- electromagnetic radiation saturation
- nicotine, tobacco and carbonated beverage products saturation
- allergy tendency
- hormonal status
- thyroid status
- rheumatic diseases tendency
- Body Mass Index (BMI)
- fat to muscle ratio
- adiposity tendency and state of the metabolism
- liver status
- absorption, secretion and other possible imbalances in the digestive system (stomach, small and large intestine)
- pancreatic status (insulin secretion)
- blood and urine sugar

#### **Consultation after the scan includes:**

- recommendations related to lifestyle change and additional check-ups
  - nutrition consultation
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### **VITAScan Complex (60 min)**

VITAScan Complex, like BIOScan, uses non-invasive methods and electromagnetic waves to analyze the cellular functions inside the human body in a larger and more extensive number.

#### **Diagnostic:**

- current state of individual organs and organ systems, as well as their interaction and relation to other organs
- saturation and blockage detection in different parts of the body, organs and organ systems
- overall evaluation and analysis – insight into diseases that are already present or emerging
- insight into primary, secondary and associative causes
- insight into the physiological part of energy – energy which is available to the body in order to keep it healthy
- allergic reactions tendency
- energy exceeding the limit – turbulent and unusually strong reactions
- energy that brakes or hinders – pressure levels and response to external influences
- regulatory capacity – the extent to which the body copes with saturations and how it overcomes them
- therapy saturation
- intracellular inflammation – organs and organ systems that are particularly affected
- insufficient or impeded cell regeneration
- intracellular control mechanisms

#### **Active toxins:**

- hormone mimics/artificial hormones - herbicides, pesticides, insecticides, cosmetic products, perfumes...
- metals and materials used in dentistry
- pharmaceuticals and taste enhancement products

#### **Stored saturation:**

- decompensation state
- filtration systems – body cleansing capability (mucous membranes, skin, lymph, kidneys, intestines, liver)
- archaic immune system
- oxidative and nitrosative stress
- allergies and body reactions (food, contact allergens/pollen...)
- musculoskeletal system condition
- functionally overloaded organs
- vegetative functions regulation state
- check for possible body reactions to more than 5000 substances

#### **Consultation after the scan includes:**

- recommendations related to lifestyle change and additional check-ups
  - nutrition consultation, physical activity, herbal preparations, breathing exercises, music, chromotherapy, aromatherapy
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**Therapy:**

- individually designed frequency therapy
- detection of potentially harmful frequencies
- high precision single frequency therapy
- specific organ system therapy (supportive, stabilizing)
- multifrequency therapies with more than 300 therapeutic options
- impact on blockages, strengthening and cleansing of the body
- vaccine compatibility analysis
- prevention of vaccine side effects or complications by frequency therapy

<b>LIGHT Check-up</b> BIOScan + results with recommendations + possibility of online consultation	30 min	<b>80,00 €</b>
<b>MEDIUM Check-up</b> BIOScan + VITAScan Complex + results with recommendations	60 min	<b>120,00 €</b>
<b>FULL Check-up</b> BIOScan + VITAScan Complex + one frequency therapy	90 min	<b>150,00 €</b>
<b>Frequency therapies after the VITAScan</b> Single additional therapy	30 min	<b>40,00 €</b>
<b>Frequency therapies after the VITAScan</b> 3 therapy package	30 min x 3	<b>100,00 €</b>
<b>Frequency therapies after the VITAScan</b> 7 therapy package	30 min x 7	<b>200,00 €</b>
<b>Frequency therapies after the VITAScan</b> 10 therapy package	30 min x 10	<b>300,00 €</b>

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## Selfness - Balance your body and mind

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### Peter Hess

45 min

61,00 €

Sound massage - healing power of sound

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*Go on an adventure of the healing power of sound. Inspired by the countries of Tibet, India and Nepal and adapted to the needs of today, this scientifically proven method contributes to the promotion of health by regenerating the entire being. Sound vibrations restore harmony, inner peace and lead to a state of deep relaxation. It is an excellent support in the treatment of numerous diseases.*

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### Access Bars

60 min

66,00 €

Energy technique - a touch that releases

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*Access Bars is an targeted method that enables the return of awareness, lightness and joy of life. Bars are 32 points on the head that store electromagnetic records and are activated by a light touch. Their activation enables liberation from limiting beliefs and unwanted patterns of behaviour and helps us to get out of our own prison. Space is created for changes in all areas of life.*

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### Energy facelift

60 min

66,00 €

Energy facelift - reverse the signs of aging

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*By changing the energy frequencies at the cellular level, after several treatments, the results are already visible in the reduction of wrinkles, skin tightness and increased tone of the muscles of the face and the whole body. The layers of false beliefs we have about ourselves, our bodies and about aging, melt away and the expression of joy returns as a surge of energy fills the entire body.*

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## Science based Cannabinoid formula

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<b>Wellness 600 mg</b> Premium cannabinoid drops	10 ml	<b>42,00 €</b> 4.200,00 € / l
<b>Brain friend 600 mg</b> Premium cannabinoid drops	10 ml	<b>42,00 €</b> 4.200,00 € / l
<b>Pain control 600 mg</b> Premium cannabinoid drops	10 ml	<b>42,00 €</b> 4.200,00 € / l
<b>Immune system 600 mg</b> Premium cannabinoid drops	10 ml	<b>42,00 €</b> 4.200,00 € / l
<b>Good Night 600 mg</b> Premium cannabinoid drops	10 ml	<b>42,00 €</b> 4.200,00 € / l
<b>Mediskin</b> CBD+CBDA+CBG Balm science formula 1000 mg	50 ml	<b>53,00 €</b> 1.060,00 € / l
<b>A book <i>Hemp in medicine</i></b> Author Dr. Tanja Bagar		<b>30,00 €</b>

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## KMT (Kuća Magične Trave)

Marti's balm	100 ml	<b>16,00 €</b> 160,00 € / l
Marti's soap	100 g	<b>6,00 €</b> 60,00 € / kg
Marti's bubble bath	200 ml	<b>10,80 €</b> 54,00 € / l
Martina's balm	100 ml	<b>16,00 €</b> 160,00 € / l
Martina's soap	100 g	<b>6,00 €</b> 60,00 € / kg
Martina's bubble bath	200 ml	<b>10,80 €</b> 54,00 € / l
Melissa hand cream	50 ml	<b>8,00 €</b> 160,00 € / l
Mentha toothpaste	50 ml	<b>6,80 €</b> 136,00 € / l
Bocca moisturizing body milk	200 ml	<b>12,00 €</b> 60,00 € / l
Vinum anti age peeling soap	100 g	<b>6,80 €</b> 68,00 € / kg
Vinea anti age day cream	50 ml	<b>16,00 €</b> 320,00 € / l
Rosalia anti age night cream	50 ml	<b>20,00 €</b> 400,00 € / l
Bio Cosmetics after sun lotion	200 ml	<b>16,00 €</b> 80,00 € / l
Bio Cosmetics sun protection cream	200 g	<b>22,00 €</b> 110,00 € / kg

# Soria Natural

## Tinctures

50 ml

19,00 €

380,00 € / l

Artichoke · *Cynara scolymus L.*,  
Blueberry · *Vaccinium myrtillus L.*,  
Birch · *Betula pendula Roth*,  
Cimicifuga complex · *Composor 31-Cimicifuga racemosa L.*,  
Black Currant · *Ribes nigrum L.*,  
Garlic complex · *OXIUR Complex Alium sativum L., Anthemis nobilis L., Artemisia vulgaris L., Thymus vulgaris L.*  
Damiana · *Turnera diffusa Willd L.*,  
Common Fumitory · *Fumaria officinalis L.*,  
Diuracil complex · *Calluna vulgaris L., Arctostaphylos uva-ursi Sprengel, Betula pendula Roth, Pinus Sylvestris L.*  
Ehinacea · *Ehinacea purpurea Moench*,  
Ginkgo · *Ginkgo biloba L.*,  
Hawthorn · *Crataegus oxyacantha*,  
Nettle · *Urtica dioica L.*,  
Vitex complex · *Composor 27 -vitex agnus-castus L.*,  
Peppergrass · *Lepidium latifolium L.*,  
Dandelion · *Taraxacum gr. officinale Weber*,  
Olive · *Olea europea L.*,  
Melisa · *Melissa officinalis L.*,  
Passiflora · *Passiflora incarnata*,  
Fenugreek · *Trigonella foenum graecum L.*,  
Equisetum · *Equisetum arvense L.*,  
Drosera · *Drosera rotundifolia L.*,  
Siberian ginseng · *Eleutherococcus senticosus Maxim*,  
Milk thistle · *Silybum marianum Gaertn.*,  
Liquorice · *Glycyrrhiza glabra L.*,  
Yarrow · *Achillea Millefolium L.*,  
Smilax · *Smilax regelii Kilip et Morton*,  
Thyme · *Thymus Vulgaris L.*,  
Valerian · *Valeriana officinalis L.*,  
Devil's Claw · *Harpagophytum procumbens D.C.*,  
Woundwort · *Solidago virga-aurea L.*,  
Oat extract · *Avena sativa L.*

<b>Cyrasil ampoules</b> · <i>Raphanus sativus L. var. Nigra, Cynara scolymus L, Silybum marianum (L) Gaertner, Desmodium adscendes DC</i>	150 ml	<b>31,00 €</b> 207,00 € / l
<b>Minusgrip ampoules</b> · <i>Sambucus nigra L., Punica Granatum L.</i>	150 ml	<b>31,00 €</b> 207,00 € / l
<b>Nerval complex</b> · <i>Composor 28-Pasiflora incarnata L., Rhodiola rosea L, Crocus sativus L.</i>	50 ml	<b>22,00 €</b> 440,00 € / l
<b>Odmorko</b> · <i>Matricaria chamomilla, Humulus lupulus, Ribes nigrum, Tilia</i>	150 ml	<b>17,00 €</b> 113,00 € / l
<b>Silicon retard pills</b> · <i>Silicium</i>	48 g	<b>25,00 €</b> 521,00 € / l
<b>Inmunoden Senior</b> · <i>Grifola frondose Dicks, Lentinula edodes (Berk) Pegler, Ganoderma lucidum (Curtis) P, L. acidophilus CBT LA1, L. casei CBT LC5, L. plantarum CBT LP3, L. rhamnosus CBT LR5, L. bulgaricus CBT LG1.</i>	110 ml	<b>31,00 €</b> 282 € / l

## Sothys

Nourishing ambergris and myrrh body gel elixir	125 ml	<b>32,00 €</b> 256,00 € / l
Nourishing cinnamon and ginger body oil elixir	100 ml	<b>33,00 €</b> 330,00 € / l
Hanakasumi nourishing body oil elixir	100 ml	<b>33,00 €</b> 330,00 € / l
Nourishing orange blossom and cedar wood body oil elixir	100 ml	<b>33,00 €</b> 330,00 € / l
Nourishing lemon and petigrain body oil elixir	100 ml	<b>33,00 €</b> 330,00 € / l
Athletic relaxing oil	100 ml	<b>30,00 €</b> 330,00 € / l
Two-phase waterproof make-up remover	100 ml	<b>26,00 €</b> 260,00 € / l
Light cream for washing all skin types	125 ml	<b>38,00 €</b> 304,00 € / l
Biological peeling for all skin types	50 ml	<b>34,00 €</b> 680,00 € / l
Toner for normal and combination skin	200 ml	<b>23,00 €</b> 115,00 € / l
Purity tonic for oily skin	200 ml	<b>23,00 €</b> 115,00 € / l
Comfort facial cleansing tonic	200 ml	<b>23,00 €</b> 115,00 € / l
Energizing and detoxifying serum	30 ml	<b>86,00 €</b> 2.866,67 € / l
Moisturizing serum	50 ml	<b>69,00 €</b> 1.380,00 € / l



<b>Serum for the eye area</b>	20 ml	<b>60,00 €</b> 3.000,00 € / l
<b>Energizing ampoules for radiance</b>	1 ml x 2	<b>18,00 €</b> 9.000,00 € / l
<b>Depolluting Youth energizing cream</b>	50 ml	<b>73,00 €</b> 1.460,00 € / l
<b>Wrinkle targeting youth cream</b>	50 ml	<b>74,00 €</b> 1.480,00 € / l
<b>Moisturizing Satin cream</b>	50 ml	<b>59,00 €</b> 1.180,00 € / l
<b>Dark circles gel</b>	10 ml	<b>33,50 €</b> 3.350,00 € / l

Try to make your life harmonious.  
Create harmonious relationships  
with the people around you and live in  
accordance with the laws and  
rhythms of nature.

- Rudolf Steiner



**Wellness & Healthness Center rules:** The World of Saunas includes the use of saunas and swimming pool within the space. It is not possible to use the pool and saunas separately. The World of Saunas is used as a nudist zone - the use of bathing suits is not allowed. It is mandatory to wear bathing suits on the outdoor sun deck. It is mandatory to wear bathing suits in the pool during the Family Wellness periods. To use The World of Saunas, a supplement is required according to the valid price list. Only people over the age of 16 are allowed to enter the Sauna World, except during the Family Wellness periods (Mon, Wed, Fri, Sun: 9 am - 12 pm). During the Family Wellness period, children up to the age of 16 are allowed to enter, accompanied by a parent or an adult, with the recommendations of the staff relating to children. Children from 0 to 3 years old are allowed to use the World of Saunas with mandatory bathing diapers. A maximum of 50 people can stay in the World of Saunas at the same time. The minimum stay in The World of Saunas is 3 hours or 180 minutes. If you exceed your stay, the Wellness reception will charge additional costs according to the valid price list. To stay in the World of Saunas, it is necessary to have a towel and a sheet, issued by the Wellness Reception. Used sheets and towels must be returned to the Wellness reception. The use of bathrobes in The World of Saunas is possible only by renting. It is forbidden to enter under the influence of alcohol. Smoking is prohibited in all areas of The World of Saunas. It is forbidden to bring in glass and other fragile items. It is forbidden to serve and consume food and alcoholic beverages. It is forbidden to take photos and recordings without the prior permission of the staff.

## WELLNESS RECEPTION AND WORLD OF SAUNAS WORKING HOURS

Monday - Thursday,  
Holidays

**9 am - 9 pm**

Friday - Saturday,  
says before holidays

**9 am - 10 pm**

Sunday

**8 am - 9 pm**

## WELLNESS CENTER WORKING HOURS (BEAUTY AND MASSAGES)

Monday - Thursday

**10 am - 8 pm**

Friday - Sunday

**9 am - 9 pm**

Holidays,  
days before holidays

**10 am - 9 pm**

VAT is included in the prices. We reserve the right to change prices. The pricelist is valid from May 31st 2024. For terms and conditions and services that are not listed, the regular conditions from the official price list of Terme Sveti Martin, which is valid from January 1st 2024 shall be applied.

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